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**Canadians held
in Egypt get 45
more days**Family of Loubani and Greyson
appeal to PM for help getting
pair released **PAGE 7****SHINE ON, YOU
CRAZY DEVIL**ALL WORK AND NO
PLAY PRODUCES
NIGHTMARES. KING
PENS SEQUEL TO
THE SHINING **PAGE 13****CLOSE BUT NO CIGAR FOR HERD**

Halifax Mooseheads' Andrew Ryan carries the puck up the ice past Sherbrooke Phoenix's Daniel Audette, right, and Vincent Deslauriers during QMJHL action at the Halifax Metro Centre Sunday. The Herd lost 2-1. Story, page 20

JEFF HARPER/METRO

**Drouin to
rejoin Herd****'Game changer.'** CHL's
reigning player of the
year will return to
Mooseheads MondayJonathan Drouin is returning
to the Mooseheads.The star forward was
among the final 10 players
cut by the Tampa Bay Light-
ning on Sunday.Mooseheads general man-
ager Cam Russell called the
development bittersweet."Obviously it's great news,
it's exciting and at the same
time disappointing for Jona-
than," said Russell. "The
NHL's a big step, and not
everyone can do it at 18."Drouin is expected to ar-
rive in Halifax Monday. Rus-
sell said the team hasn't de-
cided whether he'll suit up in
Tuesday's road game against
the Saint John Sea Dogs.Lightning general man-
ager Steve Yzerman told the
Tampa Tribune that the move
was in Drouin's best interest.

"Mostly, we want him

playing," said Yzerman. "And
if he's not going to play regu-
lar (in the NHL), I want him
playing."The Lightning selected
Drouin third overall in June's
NHL draft.Drouin and Nathan
MacKinnon, who's current-
ly with the Colorado Ava-
lanche, were the two vital
offensive pieces in last year's
President's Cup- and Memori-
al Cup-winning team. Drouin
racked up 41 goals and 64 as-
sists last season."If you put a CHL player
of the year on any roster it's
definitely a big change," said
Russell. "He's a game-changer
himself."Although sympathetic
about his teammate's demo-
tion, Mooseheads veteran for-
ward Darcy Ashley is welcom-
ing him back with open arms."It's Christmas in Octo-
ber," said Ashley. "Getting the
best player in the CHL back
is obviously going to give us
a boost. It brings the whole
confidence level in the dress-
ing room up a notch. It's ex-
citing." **ANDREW RANKIN/METRO****THE NUMBERS SPEAK
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A baby's foot.

Mere inches in length, it is formed by twenty-six bones, thirty-three joints, and five little piggies. Endlessly scrunched, kicked, tickled, bitten, and gently pressed against paper for keepsake footprints. It is truly one of the most precious parts of the infant's body. But as the foot becomes that of an adult, it will become steadier and stronger. Then, it will accomplish more intricate actions, like walking past those in need, butting ahead in lineups, and slamming on the brakes to cut off other drivers. It's time we used our feet for a better purpose again. To find out how, visit [people for good.ca](http://peopleforgood.ca). After all, no one is born bad. Let's all get back to good.

Autopsy results

Sudden death in Dartmouth not suspicious: Cops

Halifax Regional Police say the death of a man in a Dartmouth apartment building is no longer considered suspicious.

Officers were called to an apartment on Highfield Park Drive around 11:15 a.m. Saturday, where officers found a dead man believed to be in his 50s.

Although the circumstances surrounding the death initially appeared "suspicious in nature," a release from police Sunday morning says autopsy results have revealed the death is not suspicious.

Police are no longer at the apartment. **METRO**

Halifax stabbing

Attempted murder charge laid against woman

A 46-year-old woman is facing multiple charges after a fight broke out between two women on Gottingen Street in Halifax, sending one to hospital.

Around 8:15 a.m. Friday, Halifax Regional Police responded to the 2300 block of Gottingen and found a 37-year-old woman who had been stabbed after an argument with another woman she knew. According to police spokesman Const. Pierre Bourdages, officers arrested the 46-year-old woman on scene.

She was set to appear in Halifax Provincial Court on Friday to face charges of attempted murder, assault with a weapon and aggravated assault. **METRO**

Protesters rally to save Bedford Basin

Protestors wave signs indicating their opposition to infilling operations in the Bedford Basin. About 100 people joined the event Saturday in support of Save Bedford's Waterfront Society's call for a permanent stop to infilling of the Bedford Basin, as well as the creation of a park.

JEFF HARPER/METRO



Parties silent on gambling issues

No discussion. Provincial election candidates mum on the topic

GEORDON OMAND

halifax@metronews.ca

As Responsible Gambling Awareness Week kicks off, anti-gambling advocates are wondering about the lack of discussion around gaming issues on the provincial election campaign trail.

Nova Scotia's political parties have been effective at keeping the topic quiet this year, said Terry Fulmer of Game Over

VLTs, an organization that advocates for the elimination of video lottery terminals.

This year's lack of debate contrasts with the heated discussion surrounding video lottery terminals during the lead up to the 2009 provincial election.

Fulmer said part of the reason is that gamblers are worn out and the public has not taken up the cause.

"(Problem gambling) is not really a public issue until it happens to you," he said. "I think there's still a bit of a feeling in the public that it's your fault."

The motto of this year's Responsible Gambling Awareness Week is Know Your Limits. But Fulmer said this approach fails

Quoted

"We've given up on politicians."

Terry Fulmer, anti-gambling advocate

to reach people battling gambling addictions.

In terms of election promises, Fulmer said he would like to see a long-promised socioeconomic study on the impact of gambling in the province and the return of a responsible gambling conference, which Nova Scotia cancelled in 2012.

But other anti-gambling advocates are not optimistic.

"I'm so fed up with the politicians and what they promise

on gambling," says former addict turned anti-gambling advocate Debbie Langille.

She said this year's responsible gambling awareness campaign has been "lax."

The campaign — which is Nova Scotia's 12th — runs from Sept. 29 until Oct. 5.

Event ambassador Annie Walsh was asking passersby on the Halifax waterfront to fill out a short survey Sunday to raise awareness about the event.

"It's a lighthearted and fun campaign," said Walsh.

Ambassadors from the Provincial Lotteries and Casino Corporation will be touring the province to promote responsible gambling.

1 NEWS



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Midwifery Coalition of Nova Scotia. Group demands expansion plan

Calls over the weekend to expand midwifery services in Nova Scotia prompted promises from the three main political parties to work towards the demands, if elected.

About 50 women, men and babies demonstrated outside the Halifax Public Library Saturday morning in support of the Midwifery Coalition of Nova Scotia. Publicly funded midwives are currently only available in three health districts.

But Jackie Kellestine, co-chairwoman of the coalition, said midwives should be available in every health district.

"What we want from the provincial government is a plan of how we're going to get that," said Kellestine.

NDP Health Minister Dave Wilson said the province has made progress since a 2011 independent report that made recommendations to improve the service, including hiring a recruitment specialist to oversee midwifery services. A specialist was hired in March.

Wilson said a re-elected NDP



Jackie Kellestine reads a book at home with her kids McKinley, left, and Sawyer. JEFF HARPER/METRO

government would continue to try to attract midwives.

Liberal Leader Stephen McNeil noted that his party plans to cut the number of health boards from 10 to two and that those boards could provide the service provincially.

Progressive Conservative Leader Jamie Baillie said he would develop a plan to broaden the program and would work with the coalition to set timelines. **THE CANADIAN PRESS**

Campaign trail. Party leaders hit Halifax for the home stretch

Stephen McNeil says the Liberals would form a council to look at ways of boosting immigration to Nova Scotia if elected on Oct. 8.

The Liberal leader says the council would be formed early in the party's mandate in hopes of reversing a decline in the province's population.

All three party leaders campaigned Sunday in the Halifax area, where NDP Premier Darrell Dexter focused on providing services to children with

special needs.

Dexter is promising a three-year, \$6-million plan to cut wait times for early intervention programs, as well as increasing salaries for program workers.

Progressive Conservative Leader Jamie Baillie says he would expand the use of ankle bracelets for offenders and people accused of dangerous crimes. Baillie pledged \$3.6 million over four years to increase the number of bracelets to as many as 500. **THE CANADIAN PRESS**

Helping suicidal teens

IWK review gets more time

An independent expert appointed to review programs and policies at the IWK Health Centre after the Rehtaeh Parsons case needs more time to complete her report.

The province says the report by child and adolescent psychiatrist Jana Davidson is expected to be finished late next month, about a month later than expected.

Davidson, an expert from British Columbia, has

also been asked to examine procedures within the Capital District Health Authority and make recommendations to address gaps in treatment and counselling services for young people who are suicidal. Parsons was admitted to the IWK in March 2012, about five months after the 17-year-old girl was allegedly sexually assaulted by four boys and a digital photograph of the incident was passed around her school.

She died in April after she was taken off life-support following a suicide attempt.

THE CANADIAN PRESS



An election sign lines Chebucto Road in Halifax on Sunday. Halifax Chebucto is one of five districts in the traditional NDP stronghold of Halifax where the New Democrats do not have an incumbent running for re-election. JEFF HARPER/METRO

Exits leave NDP with uphill battle

Senior incumbents out. New Democrats hoping history is on their side as they seek re-election Oct. 8



Former NDP cabinet minister Graham Steele. METRO FILE

In a province where voters have granted a second term or more to every government for the past 131 years, Nova Scotia's New Democrats are hoping history will repeat itself when the election is held next week.

But the NDP is trailing the Liberals in the polls and the incumbent party has been shaken by a series of key departures prior to the election call.

In the Halifax area, the party's traditional stronghold since the 1990s, five of the party's most senior members are not seeking re-election.

"It's got to be worrisome for the NDP," says Jeff MacLeod, chair of the political studies program at Mount Saint Vincent University.

"That (stronghold) could come apart in one election, easily. It isn't a long historical

been through this sort of thing before.

"We've never denied that it's challenging," he said in an interview. "That's why we encourage the new candidates to be out as early and often as possible to get themselves known."

When Nova Scotia became the first province east of Ontario to elect an NDP government, the party's success was largely attributed to breakthrough wins in rural constituencies.

The NDP party gained a dozen seats in 2009, all at the expense of the Progressive Conservatives.

O'Connor says the lopsided result stemmed from the New Democrats' decision to focus their campaign exclusively on Conservative ridings, anticipating a collapse of the Tory vote.

"We never once mentioned

the Liberals," O'Connor says.

"(Today) there are areas where the NDP might lose a seat because the Conservatives have fallen so fast that ... it might give the Liberals the edge."

The Liberals are targeting NDP ridings, particularly in Halifax. Last week, Liberal Leader Stephen McNeil made a point of taking his tour bus into six NDP-held ridings in the Halifax area, where he was joined by federal Liberal Leader Justin Trudeau.

As for Conservative Leader Jamie Baillie, he says he believes voters have already turned their backs on the NDP.

"I hear the same thing wherever I go: 'We don't know who we're voting for yet, but we know who we're not voting for,'" he said last week.

THE CANADIAN PRESS

Quoted

"The NDP could be in deep trouble. They really have to assess their approach going into the final week of the campaign."

Jeff MacLeod, Mount St. Vincent University political scientist

Hurricane Juan's destructive legacy lingers a decade later

Point Pleasant Park. Damage serves as a reminder to heed storm warnings: City official

On Sept. 28, 2003, Halifax's beloved Point Pleasant Park was an oceanside haven of walking trails protected by a lush canopy of leaves.

The next morning, 70,000 of its trees were laid out like matchsticks, wrenched from the earth by hurricane Juan — a brawny Category 2 storm that ripped through the Halifax area and across central Nova Scotia, causing an estimated \$100 million in damage.

Ten years after the storm, those involved in the restoration process say it will take more than a lifetime to repair the damage Mother Nature dealt in a few short hours.

Point Pleasant Park is still "not the park it was before," says John Simmons, an urban forester with the Halifax Regional Municipality.

"The trees that blew down

in that park — when we counted the rings, the majority of them were 70 to 100 years old," he said.

Juan, one of the fiercest hurricanes to hit Canada, made landfall west of Halifax shortly after midnight on Sept. 29, 2003.

The storm's top winds of 140 km/h knocked out power to more than 100,000 people in Nova Scotia for days. Tree branches, power lines, shingles and siding from houses were strewn across city streets.

The federal and provincial governments spent \$3.7 million to fix up 18 damaged parks in Nova Scotia.

In Point Pleasant Park, Simmons says workers planted 100,000 seedlings over three years in an attempt to diversify the forest stand and create a more natural balance of conifer and broadleaf trees that can better withstand a powerful storm.

"This is what we foresaw as being a good end product, and that is a very vibrant and healthy understory and young trees coming up," says

Lasting impact

"For some people, the first little bit of nature they were exposed to when they were young was a walk in that park.... To see everything just laid to the ground like an atomic bomb went off — it was very emotional."

HRM urban forester John Simmons on the destructive impact of hurricane Juan

Simmons.

The ongoing recovery serves as a lingering reminder of Juan's ferocity, and that's just fine with the city's emergency management co-ordinator, Barry Manuel.

He says storm warnings have been taken more seriously since the hurricane hit.

"If there's anything I want to take from Juan, it's hopefully when we're giving that message now, it's being heard and being more appreciated."

THE CANADIAN PRESS



An aerial shot of Point Pleasant Park taken the day after Hurricane Juan in 2003 shows wide swaths of trees torn up by the storm. Ten years later, the park has been reseeded, and regeneration is well underway. METRO FILE

Feds launch internal review of MacIntosh case



Ernest Fenwick MacIntosh arrives at court in 2011. THE CANADIAN PRESS FILE

The federal government says it will conduct an internal review of its involvement in the case of Ernest Fenwick MacIntosh, but the Cape Breton man's lawyer is calling for a public inquiry.

MacIntosh had 17 sexual-abuse convictions thrown out when the Nova Scotia Court of Appeal ruled in 2011 that his case took too long to get to trial.

The Supreme Court of Canada upheld that decision ear-

lier this year.

Brian Casey, MacIntosh's lawyer, said Friday plenty of questions remain after internal reviews by the RCMP and Nova Scotia's Public Prosecution Service.

"Instead of getting a peek behind the curtain at whatever the minister of justice decides we should see, we actually want to find out what the whole story is," Casey said. MacIntosh was working in India when the sex-abuse allegations

Fed probe

The review's findings will be made public on Oct. 31.

first surfaced in Nova Scotia in 1995, but he wasn't extradited to Canada until 2007.

Federal Justice Minister Peter MacKay issued a statement Friday saying the case has concerned him for years.

"Our government takes offences involving child abuse very seriously and it is important to review this matter to ensure that such a tragedy never happens again," he said.

MacKay said the review would look into the extradition process and issues surrounding passport and border control.

MacIntosh's passport was renewed twice, despite the fact that a warrant had been issued for his arrest.

THE CANADIAN PRESS

Lunenburg waterfront

Electrical problems blamed for fire in 80-year-old building

RCMP say it appears electrical problems caused a fire that engulfed an 80-year-old building on the Lunenburg waterfront.

Fire crews were called to the three-storey building on Montague Street just before 7 p.m. Friday and remained

at the scene throughout the night.

RCMP Cpl. Ted Mugford says the blaze isn't considered suspicious and the fire marshal has taken over the investigation.

He says an electrical engineer found the cause appeared to be "electrical in nature."

No injuries were reported but investigators say the building has been heavily damaged.

Fire Chief Darren Rom-

key said crews from 14 fire departments were on scene for nearly 12 hours.

"If you look at it from the outside, it doesn't look too bad, but the roof is pretty well all gone and the interior is burnt pretty good," Romkey said Saturday.

The building was a part of Lunenburg's picturesque waterfront, and it's not yet known whether it can be saved, said Romkey.

THE CANADIAN PRESS

Cape Breton

Man pulled from burning garage

Cape Breton Regional Police say a man has been sent to hospital with serious injuries after a garage fire.

Officers were called to the blaze on Pitt Street in Sydney Mines on Saturday.

They say firefighters had pulled a 72-year-old man from the burning garage.

THE CANADIAN PRESS

Westphal

Mounties find headstone's rightful home

The mystery surrounding a headstone found by police in the Halifax area has been solved.

The RCMP said Friday they believe the headstone is from the Fairview Cemetery and it is being returned to the graveyard.

The headstone was found more than a week ago behind a recycling shop near Highway 7 and MacLaughlin Road in the Halifax suburb of Westphal.

Police were unable to determine the stone's origin, and released images of the stone with a plea to the public to help find its rightful home.

Police say the headstone lists the names of Andrew and Catherine Cuthbert.

THE CANADIAN PRESS

Africa. Nigerian students executed while they slept

Suspected Islamic extremists attacked an agricultural college in the dead of night, torching classrooms and shooting dozens of students as they slept in dormitories, the school's provost said — the latest violence in northeastern Nigeria's ongoing Islamic uprising.

The attack, blamed on the Boko Haram extremist group, came despite a 4 1/2-month-old state of emergency covering one-sixth of the country. Recent violence has led many to doubt assurances from the government and the military that they are winning Nigeria's war on the extremists.

Provost Molima Idi Mato of Yobe State College of Agriculture said that there were no security forces protecting the college. Two weeks ago, the state commissioner for education had begged schools and colleges to reopen and promised they would be guarded by soldiers and police.

Idi Mato said as many as 50 students may have been killed in the assault that began about 1 a.m. Sunday in rural Gubja.

Too young

18-22

Provost Molima Idi Mato of Yobe State College of Agriculture said most victims were between age 18 and 22.

Most schools in the area closed after militants on July 6 killed 29 pupils and a teacher, burning some alive in their hostels, at Mamudo outside Damaturu.

President Goodluck Jonathan condemned the attack on TV. He said he wondered whether the victims were Muslim or Christian.

Boko Haram leader Abubakar Shekau has said that his group wants to end democracy in Nigeria and allow education only in Islamic schools. Boko Haram means "Western education is forbidden."

Its uprising poses the biggest security challenge in years to the country. Nigeria is Africa's most populous nation with more than 160 million people — almost equal numbers of which are Muslims and Christians. **THE ASSOCIATED PRESS**

Kenya. Authorities make 12th arrest in mall siege as citizens demand info

Kenya's security services made another arrest Sunday in connection with the deadly Westgate mall attack, said a top official, who declined to say how authorities believe the person was involved.

Kenya has arrested 12 people since the attack but three have been freed, Interior Minister Joseph Ole Lenku said during a press conference. He declined to say if any of those arrested had been in the mall during the attack.

The four-day siege, which

included the collapse of part of the mall, left 67 people dead, according to officials. Two of the dead were Canadians. The Red Cross says 59 people remain missing, though the government puts that number at zero.

Kenyans have become increasingly frustrated over the government's unwillingness to share information about the attack. Almost no details have been released about what happened after the first hours of the siege. **THE ASSOCIATED PRESS**



Sonali Shah, right, whose fiancé was killed in the Westgate Mall attack, is consoled during a prayer in Nairobi on Sunday. SAYYID AZIM/THE ASSOCIATED PRESS

Car bomb kills dozens to cap off lethal week

Pakistan. Explosion shreds popular bazaar, lighting old wooden structures ablaze

Victims by the score

Such attacks in Peshawar have claimed more than 140 lives since last Sunday, when two suicide bombers blew themselves up in a crowd of worshippers at a church, killing 85 people.

- On Friday, 19 people died when a bomb planted on a bus carrying government employees exploded in the Peshawar outskirts.

A car bomb ripped through a crowded street in Peshawar's oldest bazaar Sunday, killing 40 people in the third blast to hit the troubled Pakistani city in a week, officials said. No one immediately claimed responsibility for the attack.

The explosion appeared to have been caused by a bomb planted in a parked car and detonated by remote control, said police officer Zahid Khan. It went off near a mosque and a police station, damaging the house of worship and nearby shops and engulfing many vehicles in flames, police said.

At least 40 people were killed and 90 wounded, said Jamil Shah, a spokesman for Lady Reading Hospital, where the victims were taken.

The dead included 14 members of a single family who were visiting Peshawar to plan a wedding, along with their driver and an assistant,

said relatives.

A bookshop owner, Nazar Ali, had just opened his shop when the bomb went off.

"It was a huge blast that was followed by fire in vehicles. Thick black smoke covered the air and splinters spread all over. I saw people lying dead and bleeding all over," he said.

Many of the old buildings in the historic Qissa Khawani market are made of wood, which easily caught fire, said senior police officer Shafqat Malik.

THE ASSOCIATED PRESS



A Pakistani man carrying a child rushes to safety shortly after a car bomb exploded in Peshawar on Sunday. MOHAMMAD SAJJAD/THE ASSOCIATED PRESS

Nearby front

United States continues drone strikes

Also in northwestern Pakistan, two missiles from an American drone hit a compound in North Waziristan

on Sunday, killing three militants affiliated with the Punjab province branch of the Pakistani Taliban, said two intelligence officers.

The Pakistan government condemned both the bomb blast and the drone attack.

THE ASSOCIATED PRESS

The plan to disarm Syria

Tonnes to destroy

1,000

The U.S. and Russia agree that Syria has roughly 1,000 metric tons of chemical-weapons agents and precursors, including blister agents such as sulfur and mustard gas, and nerve agents like sarin.

operable.

On Friday, the UN Security Council ordered the Organization for the Prohibition of Chemical Weapons (OPCW) to

help Syria destroy its chemical weapons by mid-2014.

On Sunday, inspectors met with media in The Hague to explain their current plan of action. An initial group of 20 leaves for Syria on Monday.

"This isn't just extraordinary for the OPCW," said spokesman Michael Luhan. "This hasn't been done before: an international mission to go into a country which is involved in a state of conflict and amid that conflict oversee the destruction of an entire category of

weapons of mass destruction.

"This is definitely a historical first."

An OPCW military expert said access to weapons sites in or near rebel-held territory would be dealt with on a case-by-case basis, with the UN possibly negotiating safe passage.

"It may be that we are not in a position to go to some of these places," he said. "Our inspectors are all volunteers. This is not a mission that will be carried out come what may."

THE ASSOCIATED PRESS

Canadians in Egypt ordered detained for another 45 days

Time for PM to get involved? Families of Tarek Loubani and John Greyson planning their next step after disappointing news



MIKE DONACHIE
Metro in London, Ont.

The families of London, Ont.'s Tarek Loubani and Toronto's John Greyson were "disappointed" to hear the men's detention in Egypt had been extended for another 45 days.

But, following a statement Friday by the country's attorney general that more investigations were needed, they were not surprised.

Greyson's sister, Cecilia, told

Metro the Canadians, who have not been charged with any crime, are tired but physically OK, based on what their lawyers have said.

Although grateful for the help from the Canadian government, including direct representations by foreign minister John Baird, Greyson's family wants help to be stepped up.

"We need to continue to ask the Canadian government to continue the work it's already been doing, talking to Egyptian officials and asking for their release," said Cecilia Greyson. "The Minister of Foreign Affairs has been very concerned about the case."

Minister Baird spoke to the Egyptian foreign minister on a couple of occasions this week.

"It may be time now that Prime Minister Harper talk to his Egyptian counterpart," she added.



Supporters of Tarek Loubani and John Greyson have been wearing buttons to draw attention to the case.
ANGELA MULLINS/METRO

Timeline

- **Aug. 15:** Tarek Loubani and John Greyson arrive in Cairo, taking supplies to a hospital in Gaza.
- **Aug. 16:** Loubani, a doctor, treats injured protesters in Ramses Square, while Greyson films events there. They're arrested while asking for directions at a police station.
- **Aug. 20:** A prosecutor alleges they were involved in planning an attack on a police station. No charges have been laid.
- **Sunday:** Forty-five days after their arrest, the men hear their detention has been extended by 45 days.

IOC 'reassured' Russian law won't affect gay athletes



Actress Ino Menegaki, as high priestess, lights the Olympic flame at Ancient Olympia in Greece on Sunday, where organizers carried out a successful ceremony for the 2014 Sochi Winter Olympics. DIMITRI MESSINIS/THE ASSOCIATED PRESS

New IOC president Thomas Bach said Sunday he had received assurances from senior Russian officials and organizers that an ongoing controversy over the country's treatment of gays will not affect athletes at the 2014 Winter Olympics in Sochi.

Russia has come under international criticism from human-rights and gay groups after passing legislation outlawing the promotion of homosexuality.

Bach said he again raised the issue with Sochi organiz-

ers while attending the Olympic flame lighting ceremony at Ancient Olympia in southern Greece.

"The task of the IOC is to ensure the application of the Olympic Charter at the Olympic Games and for all the participants of Olympic Games. That means we have to ensure a policy of non-discrimination at all levels, for all athletes and for all other participants," Bach said in brief remarks after the ceremony.

"We have the assurances of

the highest authorities in Russia, and yesterday I spoke with the Russian delegation here in Olympia again and they reassured us that the Olympic Charter will fully apply for all the participants of the Games."

Gay rights for both athletes and spectators have been a constant issue for organizers of the Russian Games, and police security was tight at Sunday's ceremony but no protest groups were present at the small southern Greek town. **THE ASSOCIATED PRESS**

Protest

In Athens, gay Greek activist Zak Kostopoulos said protests against Russia were not aimed at the Games.

- "Of course this has nothing to do with the athletes and (protests) should not affect the sporting events in any way," Kostopoulos said.

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Cyber attacks

U.K. to recruit hundreds to protect vital data

Britain's defence secretary says it is recruiting hundreds of experts for a new cyber force designed to protect the nation's vital data — and stage cyber attacks if necessary.

Philip Hammond says the Joint Cyber Reserve

Unit aims to boost Britain's offensive and defensive capabilities in an age of increasing threats from cyber espionage and cyber sabotage.

The defence minister said Sunday that the recruitment drive, to launch in October, will target military reservists and those leaving the armed forces.

It will also welcome computer experts with no military experience.

THE ASSOCIATED PRESS

Israel warns the U.S.

Don't be fooled by Iran: Netanyahu

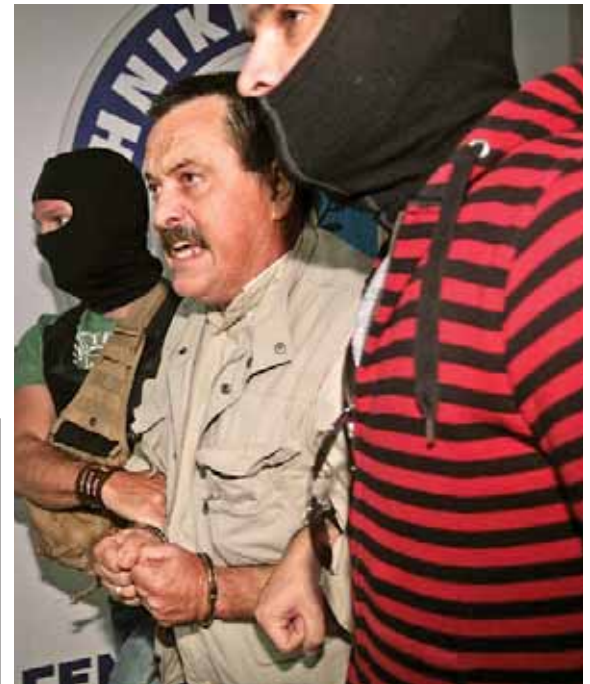
Mortified that the world may be warming up to Iran, Israeli Prime Minister Benjamin Netanyahu is taking an unpopular message to the White House and the United Nations this week: Don't be fooled by Tehran's new leadership.

Netanyahu contends Iran is using conciliatory

gestures as a smoke screen to conceal an unabated march toward a nuclear bomb.

He will deliver those strong words of caution — and fresh intelligence — in an attempt to persuade the United States to maintain tough economic sanctions and not allow the Islamic republic to develop a bomb or even move closer to becoming a nuclear threshold state.

THE ASSOCIATED PRESS



Greek MP of the extreme far-right Golden Dawn party, Christos Pappas, shouts as he exits police headquarters, escorted by anti-terror police in Athens on Sunday. FOSPHOTOS/PANAYIOTIS TZAMAROS/THE ASSOCIATED PRESS

Greece cracks down on far-right Golden Dawn

Charged. Six Greek parliamentarians who belong to the extreme anti-immigrant party now in custody

'Long overdue'

Golden Dawn won only 0.29 per cent of the vote in a 2009 national election in Greece. But their popularity exploded as they capitalized on resentment over illegal immigrants.

- On Sunday, the European Jewish Congress welcomed the crackdown calling it "a long overdue move."

A Greek lawmaker sought by police surrendered on Sunday, bringing to six the number of legislators from the extreme-right Golden Dawn party now in custody and accused of being members of a criminal organization with intent to commit crimes.

The government crackdown on the fiercely anti-immigrant party marks the first time since 1974 that sitting members of a Greek Parliament have been arrested. The arrests underline the government's efforts to stifle Golden Dawn, which has been increasingly on the defensive since the Sept. 17 fatal stabbing of a Greek man blamed on a Golden Dawn supporter. Thirteen Golden Dawn members and two police officers

also have been taken into custody, and arrest warrants issued for 11 other suspects.

As he turned himself in at police headquarters in Athens on Sunday, Christos Pappas — a parliamentarian described as Golden Dawn's No. 2 official — condemned the crackdown on his party and the austerity measures imposed during the bailout of Greece's economy. Last year's election put 18 Golden Dawn members in the Greek parliament.

THE ASSOCIATED PRESS

2

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Canadian satellite could improve GPS

The aurora borealis may look pretty as it dances across the northern sky, but Canadian satellite CASSIOPE is about to study a nasty side lurking behind that beauty. The hybrid satellite blasted off Sunday from California, and the University of Calgary's Greg Enno says the data the satellites will collect should make it a lot easier to predict the impact of solar storms on Earth. When plasma and particles from the sun enter the upper atmosphere, they usually cause the stunning northern lights, but they also affect things like hydroelectricity systems and GPS users. "The biggest winners from our sets of data is the GPS industry because their measurements may be accurate enough so they can use it for all sorts of stuff like landing aircraft, but also hydro people because they don't want to be surprised and have a network go down," Enno said. THE CANADIAN PRESS FILE

Medical weed supply reborn as free market

Health Canada. Under the new system, users will get their pot from large-scale farms that are RCMP-certified

The Conservative government is launching a \$1.3-billion free market in medical marijuana this Tuesday, eventually providing an expected 450,000 Canadians with quality weed.

Health Canada is phasing out an older system on Monday that mostly relied on small-scale, homegrown medical marijuana of varying quality, often diverted illegally to the black market.

In its place, large indoor marijuana farms certified by the RCMP and health inspectors will produce, package and distribute a range of standardized weed, all of it sold for whatever

price the market will bear. The first sales are expected in the next few weeks, delivered directly by secure courier.

"We're fairly confident that we'll have a healthy commercial industry in time," Sophie Galarneau, a senior official with the department, said in an interview. "It's a whole other ball game."

The sanctioned birth of large-scale, free-market marijuana production comes as the Conservatives pillory Liberal Leader Justin Trudeau's campaign to legalize recreational marijuana.

Health Canada is placing no limits on the number of these new capital-intensive facilities, which will have mandatory vaults and security systems. Private-dwelling production will be banned. Imports from

places such as the Netherlands will be allowed.

Already 156 firms have applied for lucrative producer and distributor status since June, with the first two receiving licences just last week.

The old system fostered only a cottage industry, with 4,200 growers licensed to produce for a maximum of two patients each. The Mounties have complained repeatedly these grow-ops were often a front for criminal organiza-

tions. The next six months are a transition period, as Health Canada phases out the old system by March 31, while encouraging medical marijuana users to register under the replacement regime and to start buying from the new factory-farms.

THE CANADIAN PRESS



Retail

Grocery wars heat up with mergers, new competition

The battle to bag your supermarket business is fiercer in 2013 than it has been in years, with grocers pulling out all the stops to get both price-savvy and health-conscious consumers

through the checkout.

The virtual overhaul of food retailing this year is the backdrop to the Grocery Innovations Canada conference, which starts Monday in Toronto.

For two days, Canada's largest grocery industry trade show will host 5,000 retailers and experts who are dealing with mega-mergers, rapid floor-space expansion and new entrants

into the once-quiet sector. "It's a tough game to be in now," says Kevin Grier, senior market analyst at the George Morris Centre in Guelph. The grocery market has undergone big changes recently, with discount retailers Walmart and new entrant Target duking it out in the food aisles with established grocers like Loblaw's, Sobeys and Metro.

TORSTAR NEWS SERVICE

NOVA SCOTIA VOTES
October 8, 2013



Voter Information



Everyone who is on the List of Electors for the October 8, 2013 provincial general election should receive a Voter Information Card (VIC) by Monday, September 30, 2013.

The VIC lists the times and places for voting and confirms that you are on the List of Electors. It's bright yellow.

If you are eligible to vote and do not receive your VIC by September 30, 2013, or, if you wish to correct information on the VIC you receive, please contact your returning office. To find your returning office telephone number, visit electionsnovascotia.ca or call, toll-free, 1-800-565-1504.

Bring your VIC with you when you vote. The voting process will be faster.

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- 18 years of age or older on October 8, 2013
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For information contact Elections Nova Scotia

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Richard Temporale
Chief Electoral Officer
Friday, September 27, 2013



LEADERS' DEBATE: PREDICTABLE 101

I confess up front I didn't watch last week's CBC leaders' debate. There was a book launch — mine — at the same time and, well, you have to have your priorities.

To make matters worse for a political columnist, I must also acknowledge I didn't watch the full blow-by-blow, health-care-by-power-rates replay of the 90-minute show online.

By the time I could have done so, I already knew from other unimpeachable sources — those who came late to my book launch so they could watch — that there were no revelatory moments, no election game-changers. There was no tub-thumping, finger-pointing Brian Mulroney declaring you-had-a-choice-sir to a deflating-before-our-eyes John Turner, no excruciating seven and a half seconds of screaming silence from Nova Scotia's soon-to-be-reduced-to-a-minority-and-then-blown-out-of-the-water Liberal premier Russell MacLellan.

Last week's televised debate instead was — as pundits and my



URBAN COMPASS
Stephen Kimber
halifax@metronews.ca

political-junkie friends informed my perceptions of that which I didn't see — simply "interesting."

Liberal leader and premier-in-waiting Stephen McNeil did less well than expected, which was to be expected. Anointed front-runners — much more than their mere-mortal rivals — must do and say nothing that might surprise, so they say nothing of consequence. McNeil did.

NDP leader and premier-presumed-to-be-on-his-farewell-tour Darrell Dexter did better than expected, which was also expected. With poll numbers seemingly stuck below the threshold where his party can win, Dexter had to up his game. Experienced, smart politician that he is, he did.

Conservative Leader Jamie Baillie came the closest to a debate surprise, which also wasn't much of surprise. The expectations for also-rans are low, and Baillie, by all accounts, more than exceeded them.

Nothing out of the ordinary

Last week's televised debate instead was — as pundits and my political-junkie friends informed my perceptions of that which I didn't see — simply "interesting."

Which brings us to the interesting question: What, if anything, did the debate — and the one tonight, which I will watch — do to shift electoral sands?

Which brings us back to Baillie. If the pundits are right and Baillie's stock has risen as a result of his debate performance, might some disaffected traditional rural Tory voters — who went NDP last election and are now leaning Liberal — reconsider? Given the closeness of so many contests, even a slight realignment in the vote splits could dramatically alter the constituency calculus. If that happens, well, anything could happen.

Take it from me. I wasn't there.

ZOOM

Space oddity: Noctis Labyrinthus



COURTESY NASA/JPL/UNIVERSITY OF ARIZONA

Red Planet lookin' a little blue

Judging by this image of our neighbouring world, Mars isn't always the "Red" Planet. Taken by NASA's Mars Reconnaissance Orbiter (MRO), the photograph shows the colourful area of the Noctis Labyrinthus region, perched high on the Tharsis rise in the upper reaches of the Valles Marineris canyon system.

METRO



Valles Marineris stretches east-west just below Mars's equator.
COURTESY NASA

The grand, grand, grand canyon

Covering nearly a fifth of the circumference of Mars, the Valles Marineris is the largest canyon system on the planet. Spanning a colossal 4,000 kilometres, the canyon system can reach depths of 10 kilometres, and is at some points 200 kilometres wide. If the system were located on Earth, it would stretch across the U.S., from L.A. to the Atlantic coast. METRO

Falling into the abyss

The Valles Marineris system is believed to be the result of the formation of the nearby Tharsis volcanic region, home to Olympus Mons, the solar system's largest volcano. As the region swelled with magma billions of years ago, the planet's crust stretched and split, collapsing into a vast, deep canyon. METRO

Clickbait



HANNAH ZITNER
hannah.zitner@metronews.ca

Three weeks into its Canadian debut, Kickstarter Canada's been funding everything from alien adventure/action games to animated shorts to new technologies you never knew you needed. Meet the products you probably don't need, but will feel super cool having.

Polar Pen:

With 17 days left to go, the "world's first" modular magnetic pen has already reached more than 3,000 per cent of its funding. Not only would the silver (or 24K gold) bits look hot on your desk, they'd also give you something to play with when writer's block hits.

Peachy Printer:

Again with the "world's first," this 3D printer claims to be among the cheapest (\$100) and smallest 3D printers (that also doubles as a scanner). The

pared-down design keeps the cost of the device low without using cheap parts. Twenty-one days left — and almost 1,000 per cent funded — to get in on the action.

AppSeed:

From sketch to prototype with just a smartphone, the AppSeed helps designers turn their ideas into functioning models. With 10 days to go and \$13,000 up, these Toronto-based designers are at 45 per cent of the \$30,000 goal.

Letters

RE: Are U.S. border guards 'anti-Canadian'? Published online Sept. 27

Canadians need to stop going down to the States. Do your shopping here, vacation in Canada or anywhere other than the States. After about a year of the boycott, the Americans will be crying for Canadians to come back. If the Americans want our business, then it is them that need to smarten the Border Guards up and treat us with respect. The same goes for the Can-

adian Border Guards, they too are in need of smartening up pills.
Dinorex, posted to metronews.ca

Must be a slow news day. I'm sure there are CBSA employees that hate arrogant yanks, or bus drivers that hate old people, driving instructors that hate teenagers, etc. A little time on the Internet and you'll find a forum where someone behind an alias (hey — like me!) is crapping on someone else. It's hardly newsworthy. **Guesswhosback, posted to metronews.ca**

WE WANT TO HEAR FROM YOU:
Send us your comments: halifaxletters@metronews.ca

iTunes Festival

Justin Timberlake

Venue. Live from the Roundhouse in London, U.K.

.....

The problem with live streaming is the technical difficulties. Would have loved to tell you how awesome Justin Timberlake's opening Only When I Walk Away was, but I could only hear it. Crowd seemed to love it. But it wasn't until the next song, Sexy Back, when the technical glitches resolved and I could see Timberlake, surrounded by blazing purple and red lights and smokin' hot in a black suit (but no tie), white penny loafers and fedora. Timberlake was backed by a quartet of singers and a pit of musicians, including brass and electronic. Dude still has moves, paying homage to Michael Jackson as he went and still has pipes, his gorgeous falsetto hitting the high notes in Cry Me a River with ease. Watching the concert through the iTunes store means getting close enough to see every sweat drop run down Timberlake's face. He gave the crowd what they wanted — a mix of old hits and songs from his upcoming album The 20/20 Experience — Part 2, which drops today. **ELISHA DACEY/METRO**

EACH MONDAY IN SEPTEMBER, METRO REVIEWED ONE OF THE ACTS PARTICIPATING IN THE ITUNES FESTIVAL. TAKING PLACE ALL MONTH AT THE RENOWNED ROUNDHOUSE IN LONDON — AND STREAMING ONLINE IN HD — THE ITUNES FESTIVAL FEATURES 60 ACTS EACH DAY AT 4 P.M. ET/1 P.M. P.T. TO WATCH LIVE, DOWNLOAD THE ITUNES FESTIVAL APP TO YOUR IPHONE, IPAD, IPOD TOUCH OR APPLE TV. FOR A FULL LIST OF ACTS, VISIT METRONews.CA

Going light on the legal

Interview. Franklin & Bash is set in the courtroom but it's more about the relationship between the two lawyers



NED
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Metro World News in Hollywood

Mark-Paul Gosselaar and Breckin Meyer are currently enjoying the third season of their comedy-drama legal series, Franklin & Bash, about two — let's say unconventional — young attorneys.

They're so comfortable that it can be tough to distinguish them from their characters sometimes, except, as Gosselaar points out, Meyer's Jared Franklin is much funnier than Meyer himself.

There are a lot of shows about lawyers. What makes this one unique?

Mark-Paul Gosselaar: I think what separates our show most is the relationship between the two guys, Franklin and Bash. When I was pitched the show, I had just come off a TNT show playing an attorney, so the last thing I wanted to do was play another attorney. But being an attorney and the law aspect of the show sort of takes a back seat really to the relationship between these two guys. And that, I think, isn't in lawyers shows as much as they are in cop shows, maybe, or some other genres. But I think that's the first time that I read a script about two lawyers who have this sort of relationship — and I'd like to say that we came out before Suits because Suits has sort of the same dynamic.



Franklin & Bash is a show about lawyers sans all that legal stuff. CONTRIBUTED

Breckin Meyer: And I think the thing you don't get when you're dealing with these "case of the weeks," the one thing we have with the show — and it's because of the relationship — is the fun, is the comedy. It's not like Airplane, it's not a satire of a legal show. It's just that these guys are younger than most lawyers that they go up against, younger than the judges, and they tend to go about it in... a feistier way. If that means Jerry getting drunk during a cross-examination or Peter making out with one of the witnesses to win the case, so be it. They're kind of still feisty.

After three seasons, how comfortable are you in the roles?

Gosselaar: I think we're pretty comfortable, but also I think that we still, to this day, are very hard on ourselves, and I think we're very hard on the show in terms of trying to produce a product

that we enjoy being on and that the fans will enjoy. I don't think we're comfortable in the sense that it's the third season and we're just sort of letting the show manifest into itself. I think we're still very much a part of it and we're still hungry. We only do 10 episodes a season, so for us in three seasons, we've done basically a season and a half of a network show. So for us it doesn't feel like we've done that much. A lot has happened in three years. I mean, Breckin is old now.

Meyer: And you don't stop aging. It's insane.

Gosselaar: I drink blood. I drink Breckin's blood, actually, that's how. Our characters are a magnification 100 per cent of who we are in real life. What we play on television is not too far from the type of people that we are, but they're completely magnified. I like to

Show

Where can you watch

- Channel. Franklin & Bash airs Mondays on Bravo.

work out, I like to feel good about myself and look good, but Peter takes it to a whole other level. Breckin is kind of funny in real life, but he's really funny on the show.

How much time have you actually spent in a courtroom to research this job?

Gosselaar: For this job? None. Meyer: And we'll say to Bill, our co-creator, a lot — like with me being drunk or whatever — we'll say, "What would happen if I really did that in court?" And he says, "You'd get thrown in jail." ... Bill says if you learn anything about the law watching our show, we're doing you a disservice.

Williams' sitcom outdraws Fox

Television. The Crazy Ones debuts with 15.2 million viewers and leaves Michael J. Fox show trailing in return of sitcom veterans

Robin Williams has early bragging rights over Michael J. Fox in the competition be-

tween two sitcom veterans returning to network TV — with an asterisk.

The Nielsen company said Friday that Williams' new CBS comedy, The Crazy Ones, debuted before 15.6 million people on Thursday night. It competed directly at 9 p.m. Eastern with The Michael J. Fox on NBC, which was seen by 7.2 million people.

Williams, who plays an advertising executive working

in a firm with his daughter, had a huge advantage.

His new sitcom directly followed a new episode of television's most popular comedy, The Big Bang Theory, which was seen by 19.5 million people in the second of a two-part season premiere.

By contrast, the second half hour of Parks & Recreation on NBC, which preceded Fox's new show, had less than 3 million viewers.

CBS succeeded in getting people to sample Williams' new show by scheduling the extra Big Bang episode.

Moving forward, however, The Crazy Ones will be preceded by another new show, The Millers, on the CBS schedule.

"I really think you have to sit and wait to see what happens," said Brad Adgate, researcher for Horizon Media.

THE ASSOCIATED PRESS



Michael J. Fox. CONTRIBUTED

2
SCENE

SORRY
I HAVE
TO
LEAVE,

Moby aiming for his imperfect perfection

New album. The electronic musician isn't afraid of working outside the box on his latest effort — a collaborative album called the Innocents

New music from Moby is a relative thing.

The veteran DJ notes his latest 12-track disc is set for release tomorrow but was completed way back in February — an eternity in this day-and-age of instant releases geared to capitalize on of-the-moment trends.

But that's just how Moby operates, and the 48-year-old electronic musician makes no bones about the fact that Innocents sounds nothing like the bombastic pop songs that dominate current charts.

"I'm not the target audience for it, you know, I'm not 13, but so much music today — and I'm not even saying this as a criticism, it's just more a statement of fact — it's crafted and disingenuous," Moby said earlier this summer during a promotional stop in Toronto.

"It's expressing emotion and sentiment that people think will work well on the radio."

Commercial success is clearly of little concern.

What Moby does cherish is a meticulously crafted album, and with Innocents he admitted to stepping outside of his



Moby isn't afraid of making innocent mistakes on his latest album. CONTRIBUTED

normal routine "to genuinely collaborate with people."

For the first time in his career, he relied on a co-producer — Mark (Spike) Stent, who has worked with Lady Gaga, Madonna and Maroon 5 — and sought co-writers including Toronto's Cold Specks, Flaming Lips frontman Wayne Coyne, past Moby vocalist Inyang Bassey and Queens of the Stone Age collaborator Mark Lanegan.

"In the past when I've had singers on my record, usually it's singers I've brought in to sing songs that I've written and this time I wanted to

see what it would be like to send someone an instrumental and have them write all the lyrics and vocal melodies without any direction from me and just see what they come up with," he said.

"When I would send someone an instrumental and they sent back their vocals and the lyrics and vocal melodies, almost in every instance, the results were really great."

Canuck songstress Cold Specks helmed the first single released over the summer, the atmospheric A Case for Shame.

Moby gushes over the

uniquely mournful qualities in her voice, noting he met her on the recommendation of Mute Records founder Daniel Miller.

"There are these sort of qualities to her voice, there's like a darkness but an innocence, and very unconventional beauty," said Moby, adding that they connected over a shared love of austere, plaintive blues music.

"She's not classically trained so she'll sing intervals that most singers wouldn't sing but she somehow makes them sound great."

THE CANADIAN PRESS

You're in luck angsty teenagers

Emo isn't dead. At least not according to Saves the Day's Chris Conley, who's been in the business of making emotive, yank-on-your-exposed heart strings music for just about two decades.

In fact, if you ask Conley, emo — a genre that's seen countless evolutions and reincarnations (some great, some terrible, depending on who you're talking to) throughout the late '90s and early aughts — is making a resurgence.

"(There are) a lot of new bands coming along that have that same spirit, that au-

thenticity, and honesty and good songwriting," he says. "You see a lot of bands coming up that have that sound, like they listen to music of the '90s now, so maybe it goes in waves. I think that honest music is making a comeback for sure."

As for any residual stigma associated with the angriest genre around, he thinks that it's on the decline.

"I think some of the negative connotations might be disappearing," he says. "I think that the phase of the haircuts is probably over, where the band's MySpace

profile picture mattered more than their first demo. It seems like that's gone, I think people see through it."

If anyone would know, it would be Conley.

The only remaining founding member of one of emo's definitive bands, he's stuck with it through eight studio albums and a revolving door of bandmates through which almost 20 members have come and gone. It's all been worth it though, he says, because there's nothing else he'd rather be doing. Their self-titled album is out now.

ALEXANDRA CAVALLO/MWN



Saves the Day's Chris Conley. GETTY IMAGES

Doctor Sleep would keep Stephen King up at night

Interview. The Shining sequel Doctor Sleep offered interesting challenge for author of one of the defining literary works of this generation

Pop culture consumes authors, musicians and actors and quickly moves on. Only a few have staying power, and Stephen King is one of those rare figures.

With the release last week of Doctor Sleep, his much anticipated sequel to The Shining, the 66-year-old King continues to release and inspire new projects more than four decades after he first started to scare the bejeezus out of everybody. A stage musical he wrote with John Mellencamp is about to begin touring the country. Under the Dome was a surprise television hit of the summer and a film project based on his novella A Good Marriage is in the works as well.

"I always knew that if I hung around that I'd get hot again," King says with a laugh. "Sooner or later everything that goes around comes around. I just thought of guys like Billy Joel. I thought if Billy Joel can come back, I can come back."

With Doctor Sleep, King revisits a grown-up Danny Torrance and the extra creepy bestselling novel that became a milestone film for Stanley Kubrick and Jack Nicholson. In this update, Dan is a recovering alcoholic and a mentor to a 12-year-old whose shining is stronger than his own. King spoke earlier this summer about how he approached the tricky task of writing Doctor Sleep.

Writing a sequel to a beloved book so many years later had to be tricky. How did you approach it?

When I went into it I thought to myself, if I do this I can probably never satisfy the expectations of the audience because so many people who read The Shining, I got them while they were young and malleable, they were young adults, teenagers. I meet people all the time who say, 'That book scared the s— out of me,' and I'll say, 'How old were you when you read the book or saw the movie?'



Stephen King says he doesn't enjoy all the attention he gets. GETTY IMAGES

and they'll say 16. And if you were 16 then, you're probably 50 now and a little bit case hardened when it comes to scary things. I was curious. I wanted to see what happens to Danny Torrance, so I took my shot.

What do you think of the book now that you're done with it?

I like it. I think it's pretty good. I kind of approached it with the idea of it's a movie sequel where the story's supposed to be different but it's supposed to have the elements of the original that were successful, and I thought that's a real challenge. Let me see if I can do something that's really good, that has some of the elements that scared people in The Shining and create a

story that's entirely on its own and that people could pick up and read even if they never read The Shining in their life. It

was fun to take the shot.

That's going to be one of the literary events of 2013. Do you enjoy the attention of moments like those?

The short answer is no, I really don't know how to cope with that. I think one of the reasons writers are writers is because they're introverts basically. I'm pretty comfortable in a room

A sequel



The long awaited return.

- **Need to know.** Doctor Sleep is a novel by Stephen King, a sequel to King's novel The Shining, released in September 2013.

by myself, creating stories. I don't have any sense that people are looking over my shoulder. It's a one-man game. When you write a book you don't have a whole team of writers in the way there is, for instance, on Under the Dome or some of the film projects that I've worked on. So I like that a lot. But I would be lying to you if I didn't say when you meet a big group of people that come to a reading or a talk or something like that, there's a certain validation. When they put their hands together, you say, 'You know what? Somebody was out there the whole time and they were paying attention.' That's a good thing and it warms you up.

You aren't the only King with a new book this year. Both of your sons, Joe Hill and Owen

King, published novels last spring.

Joe knocked it out with NOS4A2. I love that book. He's in his wheelhouse now. No question. Owen published his first novel, Double Feature, in March and it's an entirely different thing. It's funny. It's fall on your knees funny. **THE ASSOCIATED PRESS**

THIS
PARTY
IS
BORING.

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to stop.



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Package Deal's Harland Williams, Julia Voth, Randal Edwards, and Jay Malone pose in a Toronto hotel. THE CANADIAN PRESS

Orenstein's own tale helps him carry the Package

Rarity. Sitcom adopting rare Canadian style of filming in front of live audience was spawned from Toronto native's own family experience

In Canada, a live, studio audience sitcom taping is a rarity. One of the most popular ones, CBC's *The King of Kensington*, aired in the '70s. Suddenly, however, a couple of Canadian comedies are venturing forth with the same four-camera, live studio audience format that has worked in Hollywood in shows ranging from *I Love Lucy* to *The Big Bang Theory*.

Toronto audiences lined up earlier this year to see tapings of Dave Foley's new comedy *Spun Out*, airing later this season on CTV. In Vancouver, the bleachers were filled for tapings of *Package Deal*, which premieres tonight on City. The series stars Randal Edwards (*The Killing*, *The Best Years*) as a young lawyer named Danny who has just met the love of his life, Kim (Julia Voth). He also has a great loft apartment, which is where his two goofy brothers, played by comedians Harland Williams and Jay Malone, like to crash. Eugene Levy and Pamela Anderson add a little star power in recurring roles.

The underlying premise of the series: will Kim be cool with this three-brother package deal? It's all somewhat based on a period of time in the life of creator/executive producer Andrew Orenstein.

Quoted

"I think of Harland as this giant rabbit, with these big, padded boxing gloves, and he's just-Boom! Boom! Boom!-drumming on you all day. Everything that comes out of his mouth is funny."

Randall Edwards, co-star in *Package Deal*
On his co-star and sitcom veteran Harland Williams.

"This is a show about me and my stepbrother," says Orenstein, who grew up in Toronto but moved to Los Angeles when he took a chance on a career writing for television. He went on to become a writer and producer on several hit U.S. sitcoms, including *3rd Rock from the Sun*, *Malcolm in the Middle* and *Everybody Hates Chris*. More recently, he was behind the CBC sitcom *18 to Life*.

Orenstein's stepbrother is ten years older. He's basically the Harland Williams character in *Package Deal*, "but don't tell him that," says the producer.

"When I started dating my wife, I would talk about my brother in reverential tones," he says. When she finally met the older sibling, he wasn't quite the superman Orenstein had made him out to be.

Orenstein learned he had a blind spot when it came to his brother. He took a closer look at the sibling rivalry between his own two sons and, voila, a sitcom was born.

Williams has turned out to be the perfect older brother in more ways than one. He's the only cast member who has experience in four-camera sitcoms, starring in *Simon* (1995-96) and as part of the ensemble in *The Geena Davis Show* (2000-01). "I played Geena's sidekick in that one," he says, "and here I am back in the motherland."

Edwards says Williams is valued not just for his sitcom experience but also for his great sense of play. "I think of Harland as this giant rabbit, with these big, padded boxing gloves, and he's just-Boom! Boom! Boom!-drumming on you all day," says Edwards.

"Everything that comes out of his mouth is funny," he adds. "When you look at him, he gives you this persona that you think you're going to get, and then what comes out of him-he's so intelligent, so quick."

Edwards is even more impressed with Williams when the cast ventures out in public. "He's the most genuinely humble celebrity I've ever met. This is the guy who has been put in front of me to say, this is how you treat people with respect in this business."

THE CANADIAN PRESS

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The Kings Of Leon: Back in the saddle

Interview. The one-time biggest band in the world returns with *Mechanical Bull* and talks about their hard partying days and mental breakdowns

RICHARD PECKETT

Metro World News

At the Kings Of Leon's pinnacle even the celibate were singing *Sex On Fire*. They were rock 'n' roll personified — a multi-platinum fourth album *Only By the Night* in 2008, lingerie models, and rumoured riders of excess that read like an illicit pharmaceutical shopping list.

Their 2011 mega-tour should have undisputedly confirmed the Followill brothers — Caleb, Jared and Nathan; and cousin Matthew — as rock's royal family. Instead, it ended in self-inflicted regicide, when frontman Caleb delivered this gutter-style mid-show abdication in Dallas.

"I'm gonna go backstage and I'm gonna vomit; I'm gonna drink a beer and I'm gonna come back out and play three more songs."

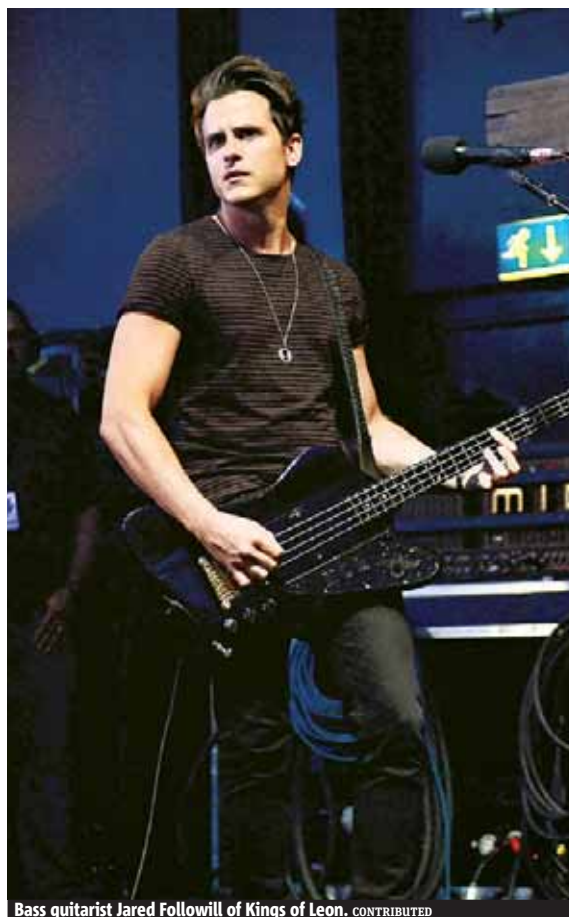
He never returned. The tour was over.

But after their two-year hiatus, the Kings are back to reclaim their throne. The Nashville-based band's sixth album, *Mechanical Bull*, which dropped on Tuesday, certainly seems a return to form, with all the rawness and frank storytelling-lyricism of the band's early albums.

"There's a conscious effort to have a little bit more energy on this album," says bassist Jared, who opens up about childhood rebellion, his LSD trip and riding a mechanical bull — naturally.

It's called *Mechanical Bull*. Do you have any experience of riding one of those?

A couple. I did one at this party called the Neon Carnival Party in California at Coachella. And I'm pretty sure I'm the only one that rode it correctly with one hand in the air. Everybody



Bass guitarist Jared Followill of Kings of Leon. CONTRIBUTED

One more question

On the topic of sibling rivalry, you must have been pretty keen to sleep with as many girls as humanly possible. Did you ever get into any funny situations where you were going after the same girls as your brothers and cousin?

• Quote. "No. And I definitely

ly did not try to sleep with as many girls as possible. I wasn't going for the Wilt Chamberlain thing. I'm really weird about that. I have trouble drinking after people, like if someone took a drink of my drink, even if it's full, I usually won't finish it."

else was using two hands and would be like, 'Man, it's so easy. I stayed up there for like 30 seconds.' And it's like — 'because you cheated.'

Did you have a beer in your hand?

Yup. And tequila in my mouth.

Was the hedonism of your early days a rebellion against your religious upbringing?

Probably not consciously

Your love of rock music from the early ages is in stark contrast to the church music. Did it form part of your escapism?

Yeah, it was almost in a sense like when you said earlier "was the hedonism part of a rebellion?" That wasn't so much consciously as maybe rock music felt rebellious to us. Because growing up, we weren't allowed to listen to anything. Our parents would let us listen to music from the '50s and '60s because a lot of the themes were toned down. But we would hear stuff every once in a while. I remember hearing sneak-peeks of Nirvana and stuff at friends' houses and even, like, being a young kid in fifth or sixth grade hearing Oasis or even Bush and people like that and thinking, "Holy shit, that is awesome."

If you hadn't have had that meltdown in 2011, would you have continued with the hedonism or did you need that?

I think at that point, we weren't even that hedonistic. I feel like we just drank. When people talk about our drug days, they think, "Oh my god, those guys were doing drugs constantly!" and we really weren't. I wouldn't say we had never done a drug or anything like that — obviously we smoked weed and stuff. Even in 2011, we did drink a lot, but I think that the reason why the meltdown happened wasn't necessarily because of drinking.

Icona Pop. Staying up All Night shouldn't be this fun — but it is



Aino Jawo and Caroline Hjelt of Icona Pop love dancing, good music and just kicking it with other people. GETTY IMAGES

ALEXANDRA CAVALLO

Metro World News in New York

like, 'Oh my god, what's going on here?'"

What was going on there, explains Hjelt, was work. She and bandmate Aino Jawo have been on the road non-stop, touring behind their irrepressible dance party jam *I Love It* (off their 2012 EP *Iconic*), and have had almost zero time to spend in the studio recording their upcoming debut album *This Is Icona Pop*. So they've had to get a little creative.

"This album has been hustling, we've been everywhere recording it," she says. "So we always make sure that we have a microphone, and we have our computers that we can work on, or cellphones, or whatever, that we can just record if we get quick ideas. We've been writing the album for such a long time so I think people are going to hear the journey that we've been through."

Hard partying young bands have a long tradition of trashing hotel rooms. On their most recent tour, however, Icona Pop's biggest offence wasn't throwing the TV off the balcony or throwing up in the ice bucket. It was scaring the crap out of the maid.

"In the closet of a hotel room, we built a little singing booth," says Caroline Hjelt, one half of the Swedish synth-pop duo.

"And we were just in there screaming and singing together. We heard that someone was in the room and we stepped out and it was housekeeping. She got so scared, she didn't know what the f— was going (on) ... and then two girls come out from the closet. She was

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Miley Cyrus ALL IMAGES GETTY

Funny gal Wilson finds out that jokes don't twerk well for Miley's people

Maybe Miley Cyrus doesn't have that much of a sense of humour about her public image in the wake of her MTV Video Music Awards performance. Rebel Wilson says she was set to introduce Cyrus at the iHeartRadio Music Festival in Las Vegas last week but bristled at having her material censored. "Their management got a copy of

my jokes of what I was going to say, and I was banned from saying the jokes," Wilson tells Jimmy Kimmel during an interview. Britney Spears ended up welcoming Cyrus to the stage. "But the jokes weren't that bad," Wilson insists. "It was like, 'Miley Cyrus got to the top through her raw talent and hard twerk.' It wasn't even that bad."



Zac Efron

Will trip to Machu Picchu with dad be perfect tonic for troubled Efron?

Zac Efron has been particularly quiet while news broke about his stint in rehab earlier this year, but there's a very good reason: The former High School Musical star has been hiking to Machu Picchu. Efron broke his silence with an

Instagram photo taken at the historic site. "Hey guys, just returned from an incredible trip to Peru with my dad and wanted to thank you all for your support these past few weeks," he wrote. "Means the world to me."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop Goes The Week



Bieber lays down the law while Gaga bickers online



STAR GAZING
Malene Arpe
scene@metronews.ca

Justin Bieber reportedly kicks out his buddies Lil Za and Lil Twist after some jewelry goes missing from his house. Perhaps now there will finally be room for Lil Suspenders and Lil Shirt to move in.

Pamela Anderson is going to be running the New York City Marathon. Unfortunately she will apparently not be doing so in slow-motion, wearing a red bathing suit.

Kevin Federline says that he will not allow Britney to haul their son Sean Preston on stage during her upcoming Vegas show. And if she doesn't heed him he'll immediately retain a lawyer using her money.

Robert Pattinson brought a "mystery brunette" to a friend's birthday party. It

was either that or the "intrigue redhead," but she was busy at an anniversary brunch.

Kanye West complains that six years ago Fendi ignored his design for leather jogging pants. In Fendi's defense let's not forget that Kanye's collection of cement hats was a severe disappointment.

Miley Cyrus says Justin Bieber should keep his shirt on and stop acting crazy. That explains why my kettle and my pot just threw up from laughing and then exploded.

Gerard Butler, Nikolai Coster-Waldau and Geoffrey Rush will play Set, Horus and Ra in The Gods of Egypt. Because nothing says sacred Egyptian mythology like a bloated Scot, a skinny Dane and an Australian pirate.

Lady Gaga and Adam Levine get into a twitter war that starts out being about the nature of art but quickly devolves into grammar shaming. It's exactly like that time when Picasso and Hemingway wrote angry notes to each other in the margins of the afternoon paper.



Hugh Jackman

Gesture leaves Jackman loving the paparazzi

The paparazzi aren't all bad, as Hugh Jackman found out during a shopping trip in Berlin last week. The Prisoners star attempted to buy a toy for his son at a shop but came out empty-handed when his

credit card wouldn't work, according to TMZ. So one photographer dashed into the shop and purchased the item, presenting it to Jackman, who seemed incredibly grateful for the gesture.



Jon Hamm

Words keeping co stars Radcliffe and Hamm close

How do A Young Doctor's Notebook co-stars Jon Hamm and Daniel Radcliffe keep in touch? With the mobile game Words with Friends, Hamm tells E! News. "Because that's basically the 21st century way of

staying in touch," he says. "He's wildly intelligent and super-funny and super-talented. I like to have people in my life who are all three of these things."

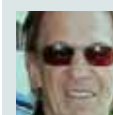


Twitter



@Harry_Styles

We don't need no piece of paper from the city hall.



@TheRealNimoy

Tried a mind meld with a congressman...PAIN !!



@AlbertBrooks

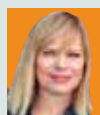
Theoretically Coke Zero should have nothing in the can.



Forty-eight per cent of children aged 11 and older have a cellphone. iSTOCK

Book excerpt

Smartphone vs. kids



IT'S ALL RELATIVE
Kathy Buckworth
kathybuckworth.com

Smartphones. Do kids need one? I go back and forth on this one. While it's great that we can use our smartphones to stay in touch with our kids, it's not so great that they can

use their smartphones to stay in touch with us. When I need to get a hold of them, it's important. When they need to get a hold of me, it's usually to ask me to do something. I don't need them to have immediate access in one of those scenarios. According to a President's Choice survey, 48 per cent of children 11 and older have a cellphone. Take my advice and teach them how to use this cellphone in a safe and polite way. Just

because we blazed the trail by using these marvels of technology in cars, while walking across busy streets, and in the middle of romantic dinners, does not in any way mean we have to pass on these rude and dangerous methods to our children. Help put the "smart" back in smartphone. **FROM I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS BY KATHY BUCKWORTH, PUBLISHED BY MCCLELLAND & STEWART, 2013. AVAILABLE AT BOOKSTORES EVERYWHERE.**

Exclusively online



The McCafé is a parent's play place. Find out why with exclusive Metro content from Lynda Martin Evans and Fiona Stevenson, authors of the hilarious bestselling book *Reasons Mommy Drinks*, at metronews.ca/voices.



Balancing act: Finding fam time

Book. Don and Debra MacMannis share tips on how to strengthen family ties

Parents might often feel they are running a daily gauntlet, from backpacks and breakfast in the morning to bedtime tuck-ins. But every now and again, parents should take a few minutes to check in with each other and their children.

One therapist couple, Don and Debra MacMannis, have 10 tips in a new book — *How's Your Family Really Doing?* — they say are needed to create lasting bonds.

Don, a child psychologist who also writes music for children, says the book was inspired after 35 years of families reaching out for help, often asking the same questions.

The couple had some advice on how families can form stronger ties, starting with taking time to connect.

The in-between times

Catch moments in between — like driving in the car, eat-

Tip

Use voicemail, email or texts to send your love or to check in on how your partner's day is going. Little gestures help us feel loved.

ing a snack, walking the dog — to share thoughts and feelings with our loved ones.

Be affectionate

Too many parents give all of their love and attention to the kids. Make a conscious decision to be more affectionate with your partner. Remember the early days of courtship when you held hands, kissed and hugged hello and goodbye (and then some), shared back rubs or cuddled up on the couch? Do that again.

Just listen

Deeply listening to one another can be a profound way to reconnect if distance has crept between you. If you are the listener, make eye contact, take deep breaths to keep yourself centered, and remember not to give unsolicited advice.



There are easy ways to bring your family members closer together. iSTOCK

Every bit counts

Words and gestures can also be affectionate. We obviously

feel more loved when complimented rather than criticized. Use fun nicknames and don't

forget to say the precious words: "I love you."

METRO

TOP SIX @ 6
Weeknights at 6 KB counts down the HOTTEST songs of the day

- 6 Lorde Royals
- 5 Avicii Wake Me Up
- 4 Lady GaGa Wake Me Up
- 3 Miley Cyrus Wrecking Ball
- 2 Katy Perry Roar
- 1 Drake Hold On, We're Going Home

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LESSONS FROM THE DESERT
Stefan Danis
life@metronews.ca

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10, and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.

Life's challenges often loom larger than they really are — we get overwhelmed by what needs to be done then bury our heads and do nothing at all. Not because we don't want to work out a solution, but because we can't figure out where to start.

What we need to do: break down the problem into bite-size chunks.



Focus not on the path, but the prints you're leaving along the way. iStock

After I signed up to run the Gobi desert, I had to start ... running. I asked people who should know for tips about the best way to prepare and they told me, "go at it one step at a time."

I took three million steps during training. I ran for most of it and when exhaustion hit, I walked. When I became injured I adapted my training regimen, running in a pool to reduce the impact on my shins that badly needed rehab.

When I crossed the starting line in the Gobi, I wasn't thinking about how I was going to run six marathons in five days. I focused on one race at a time. When that got to be too much, I thought

about making it to the next 10-kilometre checkpoint, then to just the next flag. When there was no steam left, I concentrated on taking just one more step.

It took me 600,000 steps to cross the finish line. For most of the race I never envisioned that finish line. My mantra was, "OK, one more step."

If you're overwhelmed by an issue staring you in the face, start the journey to a resolution by taking that first small step — and then another, and another, moving ultimately to that giant leap forward.

STEFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER

A new set of rules to rule the working world

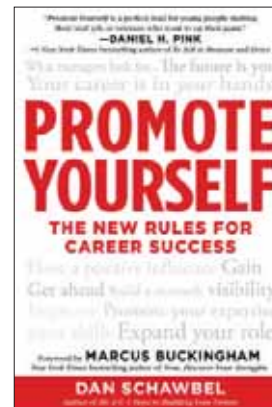
The career ain't gonna come to you.

Prepare to put yourself out there in the very public rat race of today

DAN SCHAWBEL
Metro World News

In today's economy, you need to create your own career path instead of relying on a company to create one for you. You need to be accountable — at the end of the day, your success or failure depends on how hard you work, how fresh your skills are and the value you deliver. You are competing not just against your peers, but against everyone in the world.

Positions exist today that didn't five years ago, and jobs of the past have since been automated. We are playing by a new set of rules and by learning them, you can stand out and get ahead. Here are four of the



new rules, as mentioned in my new best-selling book, *Promote Yourself: The New Rules for Career Success*.

Your job description is just the beginning

If all you do is your job, you can't get ahead at work. Instead, you need to constantly prove yourself, over-deliver on your work and take on new

responsibilities whenever possible.

Your reputation is the single greatest asset you have

As you move from job to job and company to company, the one thing you get to take with you is your reputation. If you build a strong reputation, the opportunities will find you.

Your personal life is now public

How you present yourself online can affect how people perceive and treat you at work. Your personal and professional lives are merged. Think about how you want co-workers who are friends on Facebook to perceive you before you post.

Your boss's career comes first

Although you are accountable for your own career, your boss's trajectory can make a difference. If your manager isn't successful, it will be hard for him or her to support you. That's why you have to work hard to make your boss's life easier.



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Moose end home stint with loss to Sherbrooke



The Mooseheads' Andrew Shewfelt, left, and Sherbrooke's Vladislav Lysenko battle for the puck on Sunday night at the Halifax Metro Centre. JEFF HARPER/METRO

QMJHL. Herd fall flat after a gutsy shootout victory over the Baie-Comeau Drakkar



ANDREW RANKIN
andrew.rankin@metronews.ca

Goals haven't been coming easy for the Halifax Mooseheads lately, and they paid the price Sunday afternoon.

A day after eking out a gutsy 2-1 home victory over the Baie-Comeau Drakkar, the Herd came out flat facing the Sherbrooke Phoenix and couldn't recover, falling 2-1 before 6,842 fans at the Metro Centre.

"We didn't play our game," said Mooseheads defenceman Austyn Hardie. "They worked harder than us and we came out flat. There's nothing else to say other than they outworked us."

The Mooseheads got off to a promising start after Nikolaj Ehlers scored just 1:36 into the contest but the Phoenix responded with a pair of goals to take a 2-1 lead into the final frame.

With the loss the Mooseheads fall below .500 with a record of 3-4.

"We got outworked and outbattled," said Mooseheads forward Luca Ciampini. "We played a really good game last night. Obviously, emotions were running really high but we battled. But it's unacceptable the way we lost tonight. We have to be there every night and be ready to battle."

Quoted



"We took a step back tonight. We want to be known as a hard-working team. We weren't tonight."

Mooseheads defenceman Austyn Hardie

Mooseheads goalie Zachary Fucale made 21 saves in the loss.

Jeremy Roy and Daniel Audette rounded out the scoring for the Phoenix.

The Herd's sluggish performance likely had much to do with Saturday's dogfight, in which 10 fighting majors were handed out.

The Mooseheads didn't back down in the contest that went 10 shootout rounds before defenceman Jesse Lussier finally sealed the victory for the Herd.

"That was something else," said Lussier about his game-winner. "I was nervous but as soon as I touched the puck everything went quiet. I knew what I wanted to do, and luckily I scored. I'll never forget it. The atmosphere was amazing, to be a part of such a great rivalry was really special."

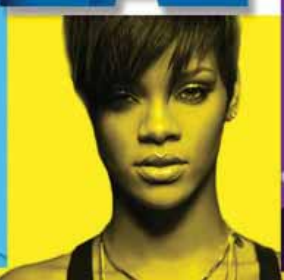
Fucale was his usual sharp self, making 33 saves in the victory.

Andrew Ryan rounded out the scoring for the Herd, while Denis Gorbunov responded for the Drakkar.

The Mooseheads hit the road on Tuesday to face the Saint John Sea Dogs at 7 p.m.

The 9+5

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Penguins' march to the Stanley Cup starts anew

NHL. Crosby and co. make final preparations for regular season in West Point, N.Y.

Sidney Crosby leaned down to unlace his skates in the locker-room after a spirited practice at Army's Tate Rink, then glanced around and smiled at all the familiar faces.

Home away from home for the Pittsburgh Penguins' superstar.

"It's nice to have everyone here," Crosby said.

Their exhibition slate over and the new NHL season looming, the Penguins travelled to West Point, N.Y., for three days of training and team-building over the weekend. It was their third trip here since 2007, and general manager Ray Shero was hopeful the experience would help a team that flopped badly



Sidney Crosby and the Penguins travelled to West Point, N.Y., this weekend for three days of training and team building. HANS PENNING/THE ASSOCIATED PRESS

against the Boston Bruins in the Stanley Cup playoffs — just when it seemed destined to challenge for its fourth championship.

"We're getting together with our group in a differ-

ent place, but it's not just a different place," Crosby said. "It's pretty special. We're all together in this. We're trying to benefit from all this."

The team arrived Friday morning, met with members

of the football team before the Black Knights flew to Dallas for a game, had lunch with the cadets, and listened to a brief talk from Army hockey coach Brian Riley before hitting the ice for the first time.

Not much seems to have changed.

After their stunning exit in four games in the Eastern Conference finals, the Penguins appear set to give it another go at the Stanley Cup. While other teams make themselves over year after year, Pittsburgh has maintained the status quo on its roster. The Penguins signed high-scoring Evgeni Malkin, defenceman Kris Letang, winger Pascal Dupuis and coach Dan Bylsma to contract extensions, essentially keeping the core of the team intact. Also back is goalie Marc-Andre Fleury, who's in the last two years of his contract and was a weak link in the playoffs. **THE ASSOCIATED PRESS**

FIBA

Colley and Team Canada capture silver medals

East Preston's Justine Colley is coming home with silver from the FIBA Americas women's basketball championship in Xalapa, Mexico.

Colley and co. fell 79-71 to Cuba in the gold-medal game on Saturday night.

The Saint Mary's Huskies star guard and CIS player of the year scored five points, two assists, three rebounds and a steal.

Team Canada earned a spot in the final after a 73-48 semifinal win over Puerto Rico on Friday. For their efforts, Colley and Team Canada have a berth in the 2014 world championship in Turkey. **METRO**

PPG

6.2

Justine Colley's average points per game over six contests in the tournament.

Football

Huskies' defence gets job done vs. X-Men to get back in win column

The Saint Mary's Huskies grinded out a 25-13 victory over the St. Francis Xavier X-Men at Huskies Stadium on Friday night.

The Huskies were rock solid on defence, recording eight sacks and limiting the X-Men to just 37 net rushing yards.

The Huskies also gave up 129 yards on 14 penalties. SMU's Dave Sabourin rushed for a game-high 85 yards.

Jack Creighton quarterbacked the Huskies for most of the game, completing eight of 14 attempts with an interception while passing for 104 yards. Ben Rossong saw limited time, completing three of seven attempts.

The Huskies are back in action on Saturday against the Acadia Axemen. **METRO**

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
x-Boston	97	65	.599	—
Tampa Bay	91	71	.562	6
Baltimore	85	77	.525	12
New York	85	77	.525	12
Toronto	74	88	.457	23

CENTRAL DIVISION

	W	L	Pct	GB
x-Detroit	93	69	.574	—
y-Cleveland	92	70	.568	1
Kansas City	86	76	.531	7
Minnesota	66	96	.407	27
Chicago	63	99	.389	30

WEST DIVISION

	W	L	Pct	GB
x-Oakland	96	66	.593	—
Texas	91	71	.562	5
Los Angeles	78	84	.481	18
Seattle	71	91	.438	25
Houston	51	111	.315	45

x-clinched division; y-clinched wild card

Sunday's results

Tampa Bay 7 Toronto 6
Baltimore 7 Boston 6
N.Y. Yankees 5 Houston 1 (14 inn.)
Kansas City 4 Chicago White Sox 1
Cleveland 5 Minnesota 1
Texas 6 L.A. Angels 2
Oakland 9 Seattle 0
Saturday's results
Texas 7 L.A. Angels 4
Cleveland 5 Minnesota 1
Toronto 7 Tampa Bay 2
Seattle 7 Oakland 5
Baltimore 6 Boston 5
N.Y. Yankees 2 Houston 1
Chicago White Sox 6 Kansas City 5

AL WILD CARD TIEBREAKER

Monday's game — All Times Eastern
Tampa Bay (Price 9-8) at Texas (M.Perez 10-5), 8:07 p.m.

WILD CARD GAMES

Tuesday's game

NL: Cincinnati (Cueto 5-2) at Pittsburgh (Liriano 16-8), 8:07 p.m.

Wednesday's game

AL: Tampa Bay-Texas winner at Cleveland, 8:07 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
x-Atlanta	96	66	.593	—
Washington	86	76	.531	10
New York	74	88	.457	22
Philadelphia	73	89	.451	23
Miami	62	100	.383	34

CENTRAL DIVISION

	W	L	Pct	GB
x-St. Louis	97	65	.599	—
y-Pittsburgh	94	68	.580	3
y-Cincinnati	90	72	.556	7
Milwaukee	74	88	.457	23
Chicago	66	96	.407	31

WEST DIVISION

	W	L	Pct	GB
x-Los Angeles	92	70	.568	—
Arizona	81	81	.500	11
San Diego	76	86	.469	16
San Francisco	76	86	.469	16
Colorado	74	88	.457	18

Sunday's results

Miami 1 Detroit 0
N.Y. Mets 3 Milwaukee 2
Pittsburgh 4 Cincinnati 2
Atlanta 12 Philadelphia 5
St. Louis 4 Chicago Cubs 0
San Francisco 7 San Diego 6
Arizona 3 Washington 2
Colorado 2 L.A. Dodgers 1
Saturday's results
Pittsburgh 8 Cincinnati 3
San Diego 9 San Francisco 3
Milwaukee 4 N.Y. Mets 2 (10 inn.)
St. Louis 6 Chicago Cubs 2
Miami 2 Detroit 1 (10 inn.)
Philadelphia 5 Atlanta 4
Washington 2 Arizona 0
Colorado 1 L.A. Dodgers 0

DIVISION SERIES — BEST OF 5

AMERICAN LEAGUE

Oakland vs. Detroit

Boston vs. Cleveland-Tampa Bay-Texas

NATIONAL LEAGUE

Atlanta vs. Los Angeles

St. Louis vs. Cincinnati-Pittsburgh winner

CFL

WEEK 14

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	13	9	4	0	388	337	18
Hamilton	13	6	7	0	327	364	12
Montreal	13	5	8	0	302	361	10
Winnipeg	13	2	11	0	268	421	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Calgary	13	10	3	0	408	312	20
B.C.	13	9	4	0	378	319	18
Saskatchewan	13	8	5	0	388	299	16
Edmonton	13	3	10	0	316	362	6

Sunday's result

Montreal 17 Saskatchewan 12

Saturday's results

Calgary 35 Hamilton 11
Toronto 34 Edmonton 22

NFL

WEEK 4

Sunday's results

Seattle 23 Houston 20
Kansas City 31 N.Y. Giants 7
Minnesota 34 Pittsburgh 27
Buffalo 23 Baltimore 20
Arizona 13 Tampa Bay 10
Cleveland 17 Cincinnati 6
Indianapolis 37 Jacksonville 3
Detroit 40 Chicago 32
Tennessee 38 N.Y. Jets 13
Denver 52 Philadelphia 20
San Diego 30 Dallas 21
Washington 24 Oakland 14
New England 30 Atlanta 23

Monday's game — All Times Eastern
Miami at New Orleans, 8:40 p.m.

MLS

Sunday's results

Portland 1 Los Angeles 0
Columbus 4 FC Dallas 2
New York 1 Seattle 1
San Jose at Chivas USA

Saturday's results

Toronto FC 4 D.C. United 1
Real Salt Lake 1 Vancouver 0
New England 1 Houston 1
Chicago 2 Montreal 2
Friday's games — All Times Eastern
Chicago at D.C. United, 8 p.m.
Montreal at Houston, 8:30 p.m.

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Rangers force AL wild-card tiebreaker

MLB. Texas to take on Rays Monday, with the winner playing Cleveland Wednesday

The Texas Rangers had to keep winning to keep playing. After seven wins in a row, they have to do it one more time to get into the playoffs.

Craig Gentry had a key two-run single, Geovany Soto had a tiebreaking RBI double and a solo homer, and the Rangers beat the Los Angeles Angels 6-2 Sunday to force a one-game tiebreaker for the second AL wild-card spot.

"They showed heart, fight, gut — any other adjective you want to find," Rangers manager Ron Washington said.

The Rangers (91-71), who began September with the AL West lead before a 5-15 slide,



Texas Rangers pitcher Yu Darvish
TONY GUTIERREZ/THE ASSOCIATED PRESS

added game No. 163 to the regular season. They will host Tampa Bay on Monday night in baseball's first wild-card tiebreaker since 2007. The winner plays two days later at wild-card leader Cleveland for a berth against Boston in the division series.

In the hunt

"You can't say enough. Just the fight, the character of this team."

Rangers outfielder Craig Gentry

"You can't say enough. Just the fight, the character of this team," Gentry said. "From being about as low as we could possibly be and almost everybody probably counting us out, and to come home and play the way we have."

Rookie left-hander Martin Perez (10-5, 3.55 ERA) starts for Texas on Monday against Tampa Bay and lefty David Price (9-8).

About the same time Tampa Bay wrapped up its 7-6 win at Toronto to necessitate a victory by the Rangers, Gentry hit a two-run single in the fifth for a 2-1 lead. **THE ASSOCIATED PRESS**



What's your secret, Peyton?

Michael Vick of the Philadelphia Eagles congratulates Peyton Manning of the Denver Broncos after their game on Sunday in Denver. Manning made quick work of the Eagles in a warp-speed 52-20 rout between the NFL's top two offences, both of which like to snap the ball quickly. **JUSTIN EDMONDS/GETTY IMAGES**

MLB

Disappointing Jays end season with more questions

Wasted season or expensive experimental test run?

The much-vaunted 2013 Toronto Blue Jays returned to the drawing board after a season rife with under-achieving closed Sunday. Questions abound after the dismal campaign.

"We got off to a slow start and obviously it continued the entire year," GM Alex Anthopoulos said.

The Jays finished last in the American League East at 74-88, compared to 73-89 last season when they finished fourth in the division.

Fan Appreciation weekend closed out with an exciting but failed comeback in a 7-6 loss to the Tampa Bay Rays before a loud crowd of 44,551.

The Blue Jays have not been to the playoffs since winning the World Series in 1993. **THE CANADIAN PRESS**

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September 30

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- Entrepreneur Franchise 500 Awards

Sources: USA Today, Franchise Business Review, Entrepreneur

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LEGAL NOTICES

IN THE MATTER OF:
The Companies Act, Chapter 81, R.S.N.S., 1989, as amended;
-and-

IN THE MATTER OF:
An application by Dr. Steve Casha Medical Inc. for leave to surrender its certificate of incorporation.

NOTICE IS HEREBY GIVEN that Dr. Steve Casha Medical Inc., intends to make an application to the Registrar of Joint Stock Companies for leave to surrender its certificate of incorporation.

Dated: this 30th day of September, 2013

Steve Casha, Director
Dr. Steve Casha Medical Inc.

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Horoscopes

Aries

March 21 - April 20

Both at home and at work you will know if others are telling the truth or tell fibs – no way will they fool you. If you do catch someone out in a lie make sure they pay for it.

Taurus

April 21 - May 21

You may be in a trusting mood but don't let your generosity blind you. Some people will happily rip you off if they think they can get away with it. Don't let them..

Gemini

May 22 - June 21

The planets warn you must not push yourself too hard this week, so cut yourself some slack and get some enjoyment from life.

Cancer

June 22 - July 23

Be who you want to be and do what you want to do. That, in a nutshell, is the message of the stars this week and if you follow it you won't go far wrong. You may also earn some extra money.

Leo

July 24 - Aug. 23

Only you know how hard you have strived to reach your current position, so don't let those who are a bit too free and easy with their criticisms get you down. What do they know? Not nearly as much as you.

Virgo

Aug. 24 - Sept. 23

Some kind of offer will come your way this week and if you are smart you will snap it up. You may be shy and retiring by nature but you know a good thing when you see it – and this is first class.

Libra

Sept. 24 - Oct. 23

Take care you don't spend too much on luxury living today. If you do you may be in for a shock a few weeks from now when money is much harder to come by. Is it essential? If not, don't buy it.

Scorpio

Oct. 24 - Nov. 22

Family, friends and colleagues will rally round today to show they are behind you one hundred per cent. Whatever you want you will find a way to get it. More likely though, someone will get it for you.

Sagittarius

Nov. 23 - Dec. 21

You may not be entirely happy with the direction your life is going but there is no need to panic. The tide is turning in your favour, so be happy!

Capricorn

Dec. 22 - Jan. 20

Your confidence is sky high at the moment and you only have to walk down the street to turn heads. Why? Because when you feel great on the inside you look great too.

Aquarius

Jan. 21 - Feb. 19

Even if you don't have an idea what is going on around you at the moment act as if you do. Create the illusion that you are in control. It's surprising how easily people are fooled.

Pisces

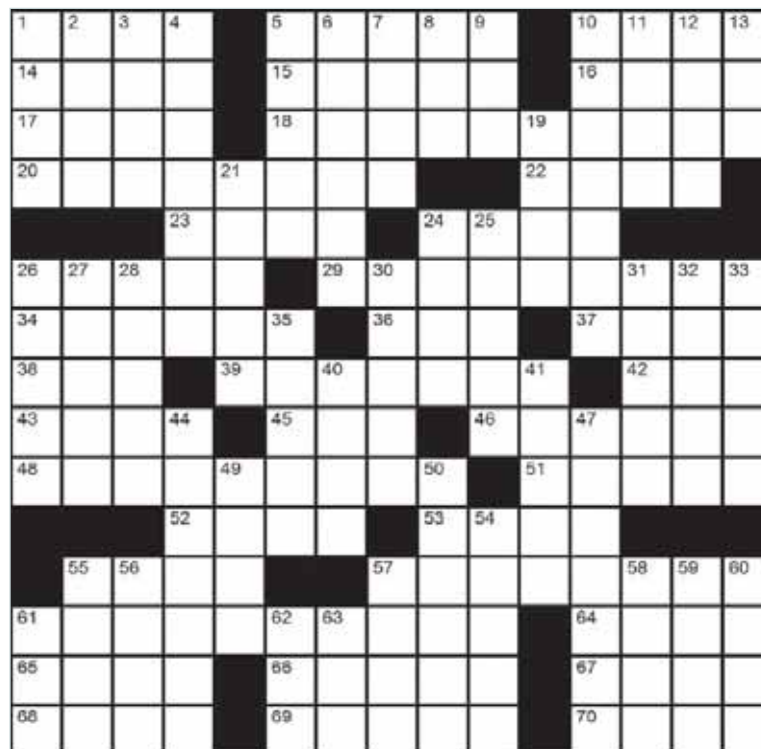
Feb. 20 - March 20

If you get the chance to travel this week, maybe to a place you have never been before, don't hesitate or hang back. Life is supposed to be an adventure, so be bold and be the one who does something different. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Foretoken
5. Light rains
10. Scratch
14. ___ passu (Impartially)
15. Really got to or bothered: 2 wds.
16. Chess piece
17. Culture†medium
18. Plastic surgery procedures: 2 wds.
20. Je me ___ = I remember (Quebec licence plates slogan)
22. Actor Stephen, and surname sakes
23. "___so long ___ both shall live?"
24. Scoundrel
26. Line: French
29. Show like "Dragons' Den" in The States: 2 wds.
34. Jerusalem's locale
36. Mr. Roth
37. "Divine Secrets of the ___ Sisterhood" (2002)
38. Irish coronation stone, ___ Fail
39. "___ Mysteries" on CBC
42. Bert Bobbsey's twin
43. 24-hr. bankers
45. Wet dirt
46. Operate
48. British Columbia city
51. Pops
52. Office phone lines, for short
53. Regarding: 2 wds.



55. Spa treatment, mani-___
57. Canadian Charter of Rights and ___
61. Group of Seven painter, Franklin ___ (b.1890 - d.1945)
64. Milk, in Montreal
65. Actress Jessica

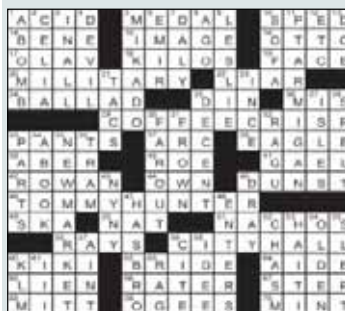
66. Comic strip, For Better or For ___
67. French 101 verb
68. Imagine, archaically
69. "Boy ___ World" ('90s TV series)
70. Canadian telecommunications firm

Down

1. Pampering places
2. Othello villain
3. Grey, in Germany
4. Grunge greats
5. "Ahoy, ___!"
6. Apple songs
7. School terms, for short
8. Scottish hat
9. Particular pen
10. 'C' in SPCA
11. Ricky Martin smash: "Livin' La Vida ___"
12. Approves, quick-style
13. Month segments

- [abbr.]
19. "Star ___"
 21. "___ to recall that.."
 24. Glorile
 25. Love Story author Mr. Segal
 26. Fragrant scent
 27. "___ plane?" (Superman-spotting question)
 28. Tiny weights
 30. Ms. Hopper of Hollywood's heyday gossip
 31. Milk, vitamins ___ added
 32. Spiral-horned antelope
 33. Surnamesakes of Orson Welles' most famous role
 35. "Network" (1976) director Sidney
 40. Floor coverings
 41. Urgency
 44. Oprah's longtime love
 47. Mr. ___ (Soup brand)
 49. Nero's 62
 50. Most unique
 54. Tennis great Monica
 55. Pallid
 56. Actress, Kathryn ___
 57. Food assortment
 58. Vow
 59. Ms. Sorvino
 60. Goulash
 61. Crow cry
 62. Uniquely-spelled mountain basin
 63. Flat-bladed tool

Friday's Crossword

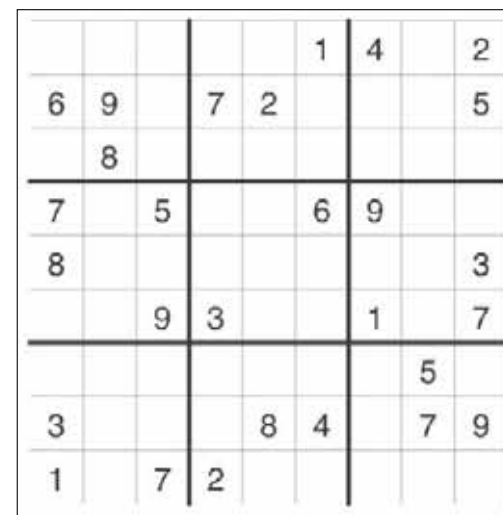


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Today

20°/12°
Variable

Tuesday

15°/13°
Rain
90%

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